



High Value Disciplines Calendar 2025

PRAY-READ-FELLOWSHIP-SHARE

Scripture sets out clearly how real faith will show up in daily life, and how we can cooperate with the Holy Spirit as He sanctifies us.

Boiling all of this down to four simple daily disciplines, that we cross off on a calendar, helps us to create high value (i.e. effective) habits that will have eternal results: **PRAY-READ-FELLOWSHIP-SHARE**

Give your whole heart to loving + obeying God in these four manageable, daily disciplines + your spiritual maturity will increase exponentially this year. Just do your best + see what God does!

KEY:		DESCRIPTION
P	PRAY	A direct communion + spiritual transaction with the Creator. It is gratitude-+ faith-infused intercession, petition, warfare + worship – NOT mere words or mind-emptying silence.
R	READ	Daily, deep, worshipful, systematic, Christ-discovering study of + meditation on the Bible, with continuous prayer for the Spirit’s illumination.
F	FELLOWSHIP	Shared spiritual + practical love, friendship, conversation, participation, meeting, accountability, correction, doctrine + unbreakable unity between humans who are in Christ.
S	SHARE	Because of your love for Jesus + people, asking at least 1 person per day about their immortal soul. If possible explaining sin, repentance + faith in Christ + all the while relying on the Spirit to convince them.

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
JAN				1	P R F S	2	P R F S
	5	P R F S	6	P R F S	7	P R F S	8
	12	P R F S	13	P R F S	14	P R F S	15
	19	P R F S	20	P R F S	21	P R F S	22
	26	P R F S	27	P R F S	28	P R F S	29
FEB							1
	2	P R F S	3	P R F S	4	P R F S	5
	9	P R F S	10	P R F S	11	P R F S	12
	16	P R F S	17	P R F S	18	P R F S	19
	23	P R F S	24	P R F S	25	P R F S	26
MAR							1
	2	P R F S	3	P R F S	4	P R F S	5
	9	P R F S	10	P R F S	11	P R F S	12
	16	P R F S	17	P R F S	18	P R F S	19
	23	P R F S	24	P R F S	25	P R F S	26
APR			1	P R F S	2	P R F S	3
	6	P R F S	7	P R F S	8	P R F S	9
	13	P R F S	14	P R F S	15	P R F S	16
	20	P R F S	21	P R F S	22	P R F S	23
	27	P R F S	28	P R F S	29	P R F S	30
MAY					1	P R F S	2
	4	P R F S	5	P R F S	6	P R F S	7
	11	P R F S	12	P R F S	13	P R F S	14
	18	P R F S	19	P R F S	20	P R F S	21
	25	P R F S	26	P R F S	27	P R F S	28
JUN	1	P R F S	2	P R F S	3	P R F S	4
	8	P R F S	9	P R F S	10	P R F S	11
	15	P R F S	16	P R F S	17	P R F S	18
	22	P R F S	23	P R F S	24	P R F S	25
	29	P R F S	30	P R F S			

*** Keep going! Be careful that the second half of the year doesn't fall back into bad habits and laziness.**

*** Do not get discouraged + give up if you miss some sometimes. Keep going** 

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	3	P R F S	4	P R F S	5	P R F S	6	P R F S	7	P R F S	8	P R F S	9	P R F S	10	P R F S	11	P R F S	12	P R F S	13	P R F S	14	P R F S	15	P R F S	16	P R F S	17	P R F S	18	P R F S	19	P R F S	20	P R F S	21	P R F S	22	P R F S	23	P R F S	24	P R F S	25	P R F S	26	P R F S	27	P R F S	28	P R F S	29	P R F S	30	P R F S	31	P R F S				
	7	P R F S	8	P R F S	9	P R F S	10	P R F S	11	P R F S	12	P R F S	13	P R F S	14	P R F S	15	P R F S	16	P R F S	17	P R F S	18	P R F S	19	P R F S	20	P R F S	21	P R F S	22	P R F S	23	P R F S	24	P R F S	25	P R F S	26	P R F S	27	P R F S	28	P R F S	29	P R F S	30	P R F S	31	P R F S												
	5	P R F S	6	P R F S	7	P R F S	8	P R F S	9	P R F S	10	P R F S	11	P R F S	12	P R F S	13	P R F S	14	P R F S	15	P R F S	16	P R F S	17	P R F S	18	P R F S	19	P R F S	20	P R F S	21	P R F S	22	P R F S	23	P R F S	24	P R F S	25	P R F S	26	P R F S	27	P R F S	28	P R F S	29	P R F S	30	P R F S	31	P R F S								
AUG	2	P R F S	3	P R F S	4	P R F S	5	P R F S	6	P R F S	7	P R F S	8	P R F S	9	P R F S	10	P R F S	11	P R F S	12	P R F S	13	P R F S	14	P R F S	15	P R F S	16	P R F S	17	P R F S	18	P R F S	19	P R F S	20	P R F S	21	P R F S	22	P R F S	23	P R F S	24	P R F S	25	P R F S	26	P R F S	27	P R F S	28	P R F S	29	P R F S	30	P R F S	31	P R F S		
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SEP	1	P R F S	2	P R F S	3	P R F S	4	P R F S	5	P R F S	6	P R F S	7	P R F S	8	P R F S	9	P R F S	10	P R F S	11	P R F S	12	P R F S	13	P R F S	14	P R F S	15	P R F S	16	P R F S	17	P R F S	18	P R F S	19	P R F S	20	P R F S	21	P R F S	22	P R F S	23	P R F S	24	P R F S	25	P R F S	26	P R F S	27	P R F S	28	P R F S	29	P R F S	30	P R F S		
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